

BODY

Marine Spa Scrub Menu

Let us scrub you head-to-toe to detoxify, uplift and renew your skin.

Choose between:

- Peppermint seaweed sugar glow - invigorating and refreshing
- Bladderwrack body buff - highly detoxifying
- Lavender seaweed and sugar glow - calming and relaxing

Scrub & Glow

Full-body scrub. 30mins €47

Buff Bod

Scrub and ½ hour massage. 55mins €75

Scrubalicious

Scrub and full-body massage. 70mins €99

Organic Warm Spiced Mud Wrap

This wrap is a serious detoxifier, metabolism stimulator and a natural anti-aging boost. Includes hot cleanse, full body brushing and scalp massage. 55mins €79

Add express facial for €20

Shrinking Violet Inch Loss Wrap

This wrap works by lipolysis to remove unwanted fat. It is an inch-loss wrap that can shrink waistlines by up to 2 inches in an hour. Immediate results can be seen, after 24 hours you will see the maximum effect. 70mins €75

Add express facial for €20

Add waxing/tinting for half-price. Packages available on request.

Lazy Days Detox Seaweed Bath

Submerge your body into a bath of organic hand harvested Atlantic seaweed to remove unwanted toxins and revolutionize your skin care. Treatment for all skin types and of particular benefit for psoriasis, eczema or dermatitis. 30 mins €35

Organic Seaweed Aroma Bath Salts Therapy

A relaxing bath soak with a blend of Voya organic essential oils, combined with bath salts. Relieves muscle pains and fatigue, stimulates circulation and healing. 30mins €30

MAKE UP

We use **MAC** makeup,
specialising in bridal

Make Up Application €25
Group Masterclasses available.

Bridal pricing on request.
Available for call-outs.

HANDS & FEET

Hands down (and feet up) the most relaxing way to perfect pinkies and twinkle toes. Soak, exfoliate, mask, massage, nail work and polish.

Nailed It

File and Paint	€15	Standard Mani or Pedi	
French Paint	€20	40mins	€45
Express Mani or Pedi		Deluxe Spa Manicure	
25mins	€35	or Pedicure 55mins	€65

MediPedi Paramedical Foot Treatment

The only paramedical foot treatment available. We can successfully treat conditions such as Corns, Callouses, Hardened Skin, Cracked Heels, Eczema and Athlete's Foot. In just one treatment the feet will be dramatically improved. If the condition has been long-standing you may need 3 – 4 treatments every two weeks, then go on to a four to six weekly cycle.

The treatment takes about one hour and no blades or rasps are used. In one hour you could have your baby feet back. €60

Add file and paint for €10



Perfect Match

2 Week Gel Polish	€25
French Gel Polish	€30
Removal	€8

Aroma Footbath

Nothing splashy, just an aroma infused footbath followed by a simple native mint exfoliation and massage.

Feet don't just love it. They ache for it. 15 mins €19



BITS 'N' BODS

A 7-step branded eyebrow treatment which focuses on design. Bespoke to each individual's needs and personal preference. €35
(Patch test required)

Lash out

Eyelash individuals	€15	Brow Tint	€10
Eyelash Tint	€12	Brow Shape	€12

Ripped - waxing

Eyebrow	€12	Full Arm	€27
Lip	€10	Full Leg	€29
Chin	€12	Half Leg	€19
Face	€17	G-String	€25
Underarm	€12	Bikini	€19
Half Arm	€17		

Please arrive 10 minutes before your appointment time.

All appointments require 24 hours notice of cancellation, or a charge will be incurred.

SANDHOUSE
Hotel & Marine Spa

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THE MARINE SPA MENU



THE MARINE SPA -
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EXTENDED DAY SPA TREATMENTS

Girls' day out

For groups of 2 or more. Gather the girls and get set for as-good-as-it-gets spa-day out. Choose two or more of these express treatments:

- Voya Facial • Scalp, Neck & Shoulder Massage • Seaweed Bath
- Back Massage • Pedicure • Leg & Foot Massage • Aroma Salt Bath

All prices per person - €65 for 2 treatments;
€95 for 3 treatments; €120 for 4 treatments

Finish off your experience with a spa lunch for €15
or a glass of bubbly for €7.50

The Marine Spa Marvel

Aromatic footbath, half hour facial and half hour massage. 70mins €79

Top-to-Toe Detoxifying

This powerful treatment will leave you refreshed and revitalised. Let us scrub you top-to-toe and then wrap you in a hydrating seaweed mud wrap while we rebalance your skin with an express Voya facial. 80mins €99

Pregnancy pick-me-up

Pamper pregnant feet. Soak away swelling and relieve fluid with an aromatic footbath. Our Voya facial is totally safe, and soaks nourishing nutrients into glowing skin. Then let us lessen the baby load with a luxurious head, neck and shoulder massage. 70 mins €79

Relaxing Mum-to-be Massage

Enjoy a soothing neck, shoulder and scalp massage followed by a relaxing leg and foot massage 40 mins €57

The be-all end-all

Begin with an aromatic footbath, a skin tingling body cleanse, a full body exfoliation and a marine mud wrap, then finish off with a full body massage and a one-hour facial.

Up to 4 hours (incl. delicious spa lunch) €249

Extras (per person)

Add our spa lunch €15
Enjoy a glass of bubbly €7.50

FACE

Deluxe Facial Experience

This revolutionary seaweed facial is a truly indulgent treatment. Includes a back exfoliation, back massage and an organic facial. Using organic ground seaweed to gently exfoliate your face and freshly harvested organic seaweed leaves placed over a warm seaweed mask to recondition the skin. Includes a scalp massage. 80 mins €99
Add pressure point foot massage for €15

Voya Anti-Ageing Restorative Facial

The mix of seaweed and botanical ingredients in this facial help to stimulate collagen production and reduce the appearance of fine lines and wrinkles - leaving firmer and tighter skin with a radiant glow. 65 mins €79

Self Discovery Radiance Facial

This incredible skin-specific facial is deeply detoxifying, thoroughly revitalising and helps to even skin tone. Choose from: Purifying (oily skin); Ultra Calming (sensitive skin); or Intensive Hydra Veil (dry skin). 25 mins €37 55mins €69

Organic Seaweed Eye Treatment

This is the ultimate treat for refreshing and rejuvenating tired eyes. A firming and hydrating treatment using specific products rich in seaweed extract, green tea and vitamin C, which help to reduce the appearance of fine lines and decongest the eye area. 40 mins €45

Eye Treatment

Add eye treatment to any facial €20



BLOKE

Face For Blokes

Bring us your whiskered, your weathered, your worn-out face. This face treatment is customized to suit your exact needs and concerns. Give us one hour to groom you from rough to buff. 55mins €65

Bloke Got Back

Put your back to the front. Back deep cleanse, exfoliation, mask plus massage to detoxify and relieve muscular tension. 55mins €75

Hand-some Lad

Invigorating scrub & soak. Nail & cuticle maintenance. Stress releasing massage. We've got the manly man-icure. Nailed. Hands or feet 40 mins €55

MASS-'AH'-GE

A customized massage prompts muscles to release stress, toxins and tension.

Seaweed Leaf Hot Stone Massage

A different type of massage ideal for deep tissue treatment. We combine aromatic organic essential oils with leaves of seaweed. Heated stones are placed onto leaves all over the body. The heat of the stones soothes the muscles while releasing the precious seaweed extracts below. Treatment for all skin types, perfect for relieving muscle aches and trapped tension. Detoxifying and nourishing. 80mins €115

Voyager Massage Journey

A complete top-to-toe relaxation journey, incorporating scalp massage, exfoliation, stretches and body massage. The ultimate luxury treatment to relieve aches and pains. 80mins €99

Relaxing Swedish Massage

Scalp, neck and shoulder	25mins	€40
Hot oil, back, neck and shoulder	25mins	€40
Back and back of legs.	40mins	€57
Full body Swedish massage	55mins	€69
	80mins	€99
Deep pressure-releasing massage		
	25mins	€45
	55mins	€79
	80mins	€110